

**MAR BASELIOS OCEAN STAR PUBLIC SCHOOL**  
 AFFILIATED BY CBSE, AFFILIATION NO. 930917, SCHOOL CODE: 75884  
 THALACHIRA (P.O), CHIRATTAKONAM, KOTTARAKKARA – 691538.  
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**ACADEMIC YEAR 2024-2025**

**Instructional time for CLASSES 9<sup>TH</sup> & 10<sup>TH</sup> per week**

**Time per period : 40 mts**

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	7	4 hrs 40 mts	-	-	4 hrs 40 mts
2	HINDI/ MALAYALAM	6	4 hrs	-	-	4 hrs
3	MATHS	7	4 hrs 40 mts	-	-	4 hrs 40 mts
4	BIOLOGY	2	1 hr 20 mts	1	40 mts	2 hrs
5	CHEMISTRY	2	1 hr 20 mts	1	40 mts	2 hrs
6	PHYSICS	2	1 hr 20 mts	1	40 mts	2 hrs
7	SOCIAL SCI	8	5 hrs 20mts	-	-	5 hrs 20mts
8	IT	2	1 hr 15 mts	2	1hr20 mts	2hrs 40 mts
9	PE	1	40 mts	-		40 mts
10	ART	1	40 mts	-	-	40 mts
11	Work Experience	1	40 mts	1	40 mts	1 hr 20mts
				<b>45 periods</b>	<b>Total</b>	<b>30 hrs</b>

### Instructional time for CLASSES 6<sup>TH</sup> TO 8<sup>TH</sup> per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	4	2 hrs 40 mts	1	40mts	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
				<b>42 periods</b>	<b>Total</b>	<b>28 hrs</b>

### Instructional time for CLASSES 1<sup>ST</sup> & 2<sup>ND</sup> per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	5	3 hrs 20 mts	-	-	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
13	ART & CRAFT	1	40 mts	-	-	40 mts
				<b>43 periods</b>	<b>Total</b>	<b>28 hrs 40 mts</b>

### Instructional time for CLASSES 3<sup>rd</sup> TO 5<sup>TH</sup> per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	5	3 hrs 20 mts	-	-	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
13	ART & CRAFT	1	40 mts	-	-	40 mts
				<b>43 periods</b>	<b>Total</b>	<b>28 hrs 40 mts</b>

**Instructional time for PRE-KG per week (Time per period : 1 hr)**

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	5hrs
2	MALAYALAM	2	2hrs
3	MATHS	2	2hrs
4	ACTIVITY	8	8 hrs
5	PT	7	7 hrs
	<b>Total</b>	<b>24</b>	<b>24 hrs</b>

**Instructional time for L.K.G per week ( Time per period:50 mts)**

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	4hrs 10 mts
2	MALAYALAM	5	4hrs 10 mts
3	MATHS	4	3 hrs 20 mts
4	G.K	4	3 hrs 20 mts
5	S.E	2	1 hr 40 mts
6	ACTIVITY	7	5 hr 50 mts
7	PT	3	2 hrs 30 mts
	<b>Total</b>	<b>30</b>	<b>25 hrs</b>

**Instructional time for U.K.G per week ( Time per period: 50 mts)**

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	4hrs 10 mts
2	MALAYALAM	4	3 hrs 20 mts
3	MATHS	4	3 hrs 20 mts
4	HINDI	5	4hrs 10 mts
5	G.K	4	3 hrs 20 mts
6	S.E	2	1 hr 40 mts
7	ACTIVITY	7	5 hr 50 mts
8	PT	2	1 hr 40 mts
	<b>Total</b>	<b>33</b>	<b>27 hrs 30 mts</b>