

MAR BASELIOS OCEAN STAR PUBLIC SCHOOL
 AFFILIATED BY CBSE, AFFILIATION NO. 930917, SCHOOL CODE: 75884
 THALACHIRA (P.O), CHIRATTAKONAM, KOTTARAKKARA – 691538.
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ACADEMIC YEAR 2023-2024

Instructional time for CLASSES 9TH & 10TH per week

Time per period : 40 mts

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	7	4 hrs 40 mts	-	-	4 hrs 40 mts
2	HINDI/ MALAYALAM	6	4 hrs	-	-	4 hrs
3	MATHS	7	4 hrs 40 mts	-	-	4 hrs 40 mts
4	BIOLOGY	2	1 hr 20 mts	1	40 mts	2 hrs
5	CHEMISTRY	2	1 hr 20 mts	1	40 mts	2 hrs
6	PHYSICS	2	1 hr 20 mts	1	40 mts	2 hrs
7	SOCIAL SCI	8	5 hrs 20mts	-	-	5 hrs 20mts
8	IT	2	1 hr 15 mts	2	1hr20 mts	2hrs 40 mts
9	PE	1	40 mts	-		40 mts
10	ART	1	40 mts	-	-	40 mts
11	Work Experience	1	40 mts	1	40 mts	1 hr 20mts
				45 periods	Total	30 hrs

Instructional time for CLASSES 6TH TO 8TH per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	4	2 hrs 40 mts	1	40mts	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
				42 periods	Total	28 hrs

Instructional time for CLASSES 1ST & 2ND per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	5	3 hrs 20 mts	-	-	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
13	ART & CRAFT	1	40 mts	-	-	40 mts
				43 periods	Total	28 hrs 40 mts

Instructional time for CLASSES 3rd TO 5TH per week

S.NO	SUBJECT	NO. OF PERIODS (THEORY)	TOTAL HOURS (THEORY)	NO. OF PERIODS (PRACTICAL)	TOTAL HOURS (PRACT)	TOTAL Time Taken
1	ENGLISH	5	3 hrs 20 mts	-	-	3 hrs 20 mts
2	HINDI	4	2 hrs 40 mts	-	-	2 hrs 40 mts
3	MALAYALAM	5	3 hrs 20 mts	-	-	3 hrs 20 mts
4	MATHS	5	3 hrs 20 mts	-	-	3 hrs 20 mts
5	SCIENCE	5	3 hrs 20 mts	-	-	3 hrs 20 mts
6	SOCIAL SCI	5	3 hrs 20 mts	-	-	3 hrs 20 mts
7	IT	2	1 hr 20 mts	1	40mts	2 hrs
8	PE	2	1 hr 20 mts	-	-	1 hr 20 mts
9	G.K	2	1 hr 20 mts	-	-	1 hr 20 mts
10	M.S	2	1 hr 20 mts	-	-	1 hr 20 mts
11	SPOKEN ENG	2	1 hr 20 mts	-	-	1 hr 20 mts
12	DRAWING	2	1 hr 20 mts	-	-	1 hr 20 mts
13	ART & CRAFT	1	40 mts	-	-	40 mts
				43 periods	Total	28 hrs 40 mts

Instructional time for PRE-KG per week (Time per period : 1 hr)

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	5hrs
2	MALAYALAM	2	2hrs
3	MATHS	2	2hrs
4	ACTIVITY	8	8 hrs
5	PT	7	7 hrs
	Total	24	24 hrs

Instructional time for L.K.G per week (Time per period:50 mts)

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	4hrs 10 mts
2	MALAYALAM	5	4hrs 10 mts
3	MATHS	4	3 hrs 20 mts
4	G.K	4	3 hrs 20 mts
5	S.E	2	1 hr 40 mts
6	ACTIVITY	7	5 hr 50 mts
7	PT	3	2 hrs 30 mts
	Total	30	25 hrs

Instructional time for U.K.G per week (Time per period: 50 mts)

S.NO	SUBJECT	NO. OF PERIODS	TOTAL HOURS
1	ENGLISH	5	4hrs 10 mts
2	MALAYALAM	4	3 hrs 20 mts
3	MATHS	4	3 hrs 20 mts
4	HINDI	5	4hrs 10 mts
5	G.K	4	3 hrs 20 mts
6	S.E	2	1 hr 40 mts
7	ACTIVITY	7	5 hr 50 mts
8	PT	2	1 hr 40 mts
	Total	33	27 hrs 30 mts